

### Learning opportunities.

There are plenty of learning opportunities/resources whilst on placement on Portland Ward, these include-

- Your mentor/s.
- All staff.
- Learning resource file, posters and journals.
- Student teaching sessions (see LEM board for information).
- Working with others members of the multidisciplinary team (MDT) e.g. Physiotherapy (P/T) and Occupational Therapy (O/T) teams.
- Insight visits (Trauma Nurse, Discharge Nurse and plaster theatre).
- Admission and discharge planning.
- Drug administration observation.
- Wound care/assessment experience.
- Pain assessment and management.
- Basic nursing skills e.g. bed bathing, mouth care etc.
- Nursing documentation.
- Manual handling equipment experience.
- Information regarding orthopaedic operations/procedures and caring for the orthopaedic patient.
- Spinal injury management.
- Anatomy.
- Pre and post op care of a patient.
- General, neurological and neurovascular observations.
- O2 therapy.
- Nutritional and hydrations needs.
- Fluid balance and food charts.
- Catheterisation and urine output monitoring.
- Stool chart and stool type recognition.
- Doctor's ward rounds.
- Dietician and S&LT assessments.
- Tissue viability nurse assessments.
- Ortho-geriatrician assessments.
- Observe a patient in theatre.

