

# WELCOME TO THE FRAILTY UNIT

The frailty unit is situated on Durrant ward at Chesterfield Royal Hospital. This unit is part of the medical and emergency care division.

This welcome pack contains some useful information to prepare you for your placement. You will also receive a ward work pack to aid your learning, and a mentor evaluation form which we encourage you to complete in order to ensure a continuation of high quality mentorship.

As a team we hope you enjoy your time with us, and be a beneficial experience throughout your nursing career.

MATRON CE CE Green

CONSULTANTS DR Kath Shakespear

SISTERS Sian Cooper

DR Andrew Key

Chelsea Wilson

ADVANCED NURSE PRACTITIONERS

LEM Vicky Hubbard

Claire Gill

Emma Wardle

If you experience any problems on the ward or feel that there may be factors that could affect your learning experience, it is important that we know about it. Please inform your mentor or LEM, or if not available the nurse in charge at that time

## ALLOCATION OF MENTORS

Before your placement begins you will have been allocated a mentor and an associate mentor. Your shifts are allocated by the LEM. Should you have any requests please discuss this with the LEM. Do not change shifts without the knowledge of the LEM, this is to ensure that you can be supported in the absence of your mentor

Durrant ward consists of 21 beds allocated to FRAILITY, 4 stroke rehabilitation beds and a 6 chaired admission avoidance unit, situated in bay 5

During your allocated time on the ward, you will spend time working in all areas of the unit and with all members of the MDT to enable you to gain a complex understanding of caring for the frail person.

Durrant ward is not just care of the older person, but a specialised unit where frail individuals are treated holistically by nurses who are experienced and knowledgeable in this field of practise.

### AIMS OF THE UNIT

To transfer patients to the unit within 4 hours from admission to hospital. To have a senior review by the consultant geriatrician review and a comprehensive assessment undertaken by the ward MDT. The 21 bedded area is for short stay patients, ideally less than 48 hours stay and which meet the frailty criteria

The chaired area is run by Durrant staff and the admission avoidance team (FEAT= Frail Elderly Assessment team)

We aim to provide early multi-disciplinary team and comprehensive geriatric assessment and intervention.

Provide person centered holistic care.

Meet complex needs in a coordinated way.

Improve a person's experience of emergency care through the principals of "Dignity in care"

Plan discharge proactively initiated on admission to urgent care environment

Avoid delayed transfers of care once the acute episode is complete

Discharge back to their usual place of residence wherever safe and practical to do so and with enhanced support if required

## AFU CRITERIA

>65yrs old in a care home or known dementia, OR

>75yrs old presenting with a fall or confusion, OR

>85yrs old with 4 or more co-morbidities

The patient must not meet the criteria for other pathways EG #NOF, MI, Stroke etc.

No infective condition requiring isolation

Anticipated length of stay 48 hours or less

Patients can be referred directly from ED/EMU/CDU who meets the criteria between 0800 and 1600.

Referral made to the FEAT team via the frail and elderly assessment team